**DO recycle**

**PAPER**
- All clean cardboard, paperboard, & pizza boxes (NO FOOD)
- Newspaper & inserts
- Magazines
- Mail & catalogs
- Paper bags
- Office paper, envelopes, & window envelopes
- Wrapping paper
- Phone books
- Books
- Paper plates (clean)
- Milk & juice cartons
- Drink boxes & aseptic containers
- Shredded paper (put in clear plastic bags)

**PLASTIC**
- Water bottles
- Milk jugs
- Detergent bottles
- All rigid containers marked #1-7 (except Styrofoam)

**METAL**
- Tin cans
- Aerosol cans (empty)
- Aluminum cans & foil
- Pots & pans

**GLASS (all colors)**
- All glass bottles & jars

All rigid containers must be EMPTY (not perfectly clean)

**DON’T recycle**

**NO PLASTIC BAGS!**

**Plastic bags & wrap:**
- Trash & shopping bags (empty or full)
- Plastic wrap or film
- Bubble wrap or mailers
- Tyvek or plastic envelopes
- Bread bags
- Potato chip & snack bags
- Sandwich baggies
- Animal food bags
- Frozen vegetable bags
- Pellet bags
- Newspaper bags
- Boat wrap or tarps
- Styrofoam (even if it’s #6)
- Paper towels, napkins, or tissue
- Needles & sharps
- Large metal parts (car, boat, truck, etc.)
- Gas tanks (propane, helium, oxygen, etc.)
- Wood & lumber
- Pipes (metal or plastic)
- Clothing & shoes
- Bedding & pillows
- Batteries: alkaline
  button-cell
  rechargeable & lithium-ion
- Light bulbs (any type)
- Garden hoses
- Diapers (baby or adult)
- Food or plants (compost these)
- Kitty litter
- Knives & blades
- Toys
- Vinyl siding
- Wax-coated paper & boxes
- Rope, string, chain

This is not a complete list! Search more than 1,000 items at ecomaine.org/101

Learn more at ecomaine.org/101 or call 207-523-3100
Do not bag recyclables
No garbage

No plastic bags or film
Return to retailers
(Check out www.plasticfilmrecycling.org)

**ecomaine’s**
THREE RULES OF PLASTIC RECYCLING

1. It must be rigid plastic - nothing that can be crumpled
2. It must be a container - like a bottle, jug, or box
3. It must have a #1-7 recycling symbol

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No clothing or linens
Use donation programs

No “tanglers”
No cords, electronics, hoses, ropes, etc.

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No hazardous waste
No explosives - No sharps

No food or liquid
Empty all containers

Questions? Look up more than 1,000 items on ecomaine’s FREE Recyclopedia app!
www.ecomaine.org/101

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